Newfoundland and Labrador Volleyball Association

Registration Booklet 2026-2027

PLEASE ADDRESS ALL CORRESPONDENCE TO:

Newfoundland and Labrador Volleyball Association
1296A Kenmount Road/ Paradise/ NL/ A1L 1N3

1.0 REGISTRATION OBJECTIVES

The primary objective for registration of volleyball players in Canada and/or NL is to:

1.1 Identify the volleyball population.
1.2 Provide a financial base through registration fees for the Regional and National Associations.
1.3 Individual registration fees will cover an individual from date of registration until August 31 of each year.
1.4 An individual must be a member of the NLVA and Volleyball Canada to take part in any NLVA Program, Tournament (Sanctioned), League, Try-out, AGM and/or Clinic.

Category	Who Does This Apply	Cost
Youth Recreational	**Players on School Teams**	**$35.00 NLVA Fee $5.00 Volleyball Canada Fee**
Youth Competitive	**Players on Competitive Stream – Club Players Participants who compete at National Championships Provincial Team Athletes**	**$45.00 NLVA Fee $36.00 Volleyball Canada Fee**
Adult Recreational	**Players taking part in Leagues or Adult Tournaments**	**$35.00 NLVA Fee $5.00 Volleyball Canada Fee**
Adult Competitive	**Players on Competitive Stream – Club Players Participants who compete at National Championships**	**$45.00 NLVA Fee $36.00 Volleyball Canada Fee**
****Membership fees are non-refundable **Volleyball Canada Fees may increase depending on their pay schedule**		

2.0 DEFINITIONS

2.1 Team:

2.1.1 A team must have a minimum of 8 players registered and present in uniform for NLVA/VC championships in all Senior (19+), (18U), (17U), (16U) events including NL Winter Games.
2.1.2 (13U), (14U), (15U) all teams **must** carry a minimum of 9 players.
2.1.3 All players on an (18U), (17U), or (16U) team must have a common base (Club, or school) i.e., within the same region as defined in this registration book.
2.1.3 All players on a (13U), (14U) & (15U) must be school based. (i.e., from the same school or feeder school)
2.1.4 Teams playing in (13U), (14U), (15U), (16U), (17U), (18U) will be permitted to carry 15 players to a championship.
2.1.5 Teams may apply for an exemption to the above rules through a written request to the NLVA Executive **2 weeks** prior to the registration deadline.

2.2 Club Team:

2.2.1 Registered Club:
2.2.1.1 Any team; or group of teams where:
2.2.1.1.1 Club has a business or not for profit status, and/or
2.2.1.1.2 Athletes pay a membership or club fee to participate, and/or
2.2.1.1.3 Athletes are from multiple regions (E.g., A school team that picks up a player(s) out of region for VC Nationals)
2.2.2 School Based Club Team: Athletes from the same school or feeder school but operate outside the school's umbrella.
2.2.3 Regional Based Club Team: Athletes from the same region, but different schools.
2.2.4 Senior (19+) Teams do not have to have a common base.

2.3 School Based

2.3.1 All players on a (13U), (14U), (15U) for Regional and Provincial Tournaments.
2.3.2 VolleyWest – VolleyCentral – VolleyFest are school based tournaments for both Junior High and Senior High Divisions. All teams must be comprised of athletes from the same school or feeder school.
2.3.3 *New* School Based Application Form
https://nlvolleyball.net/information/registration-policy-manual/
For the 2026-2027 season all teams taking part in School Based tournaments must be affiliated with their school unless approved by the NLVA Executive.

2.4 Player:

2.4.1 Any person playing volleyball who registers with a team.

2.5 Official Referee:

2.6.1 Any person certified as an official referee through the Volleyball Canada.

2.6 Administrator:

2.7.1 Any person listed as manager, executive chairperson or any other administrative position for a team, club, or league sanctioned by the NLVA/VC.

2.7.2 All administrators take responsibility for the team and its actions. Specifically:

- Registrars
  - Are responsible for ensuring all individuals listed on a roster have the proper membership
  - Coaches listed on the roster have fulfilled the coaching requirements and have been approved by the NLVA
  - Ensuring the "Head Coach" on the roster is the one on the bench for the event. (Head coaches can be replaced prior to an event. Registrars must contact the NLVA immediately for a coach replacement prior or during an event)
- Head Coach & Assistant Coach (at events)
  - Responsible for ensuring the submitted roster is accurate to the game roster for each match
  - Ensuring all coaches on the bench meet the NLVA coaching requirements
  - Informing the NLVA of any coaching changes as soon as possible prior to or during an event
  - Ensuring all coaches follow Safe Sport and Making Headway protocols
  - Ensuring the team abides by the code of conduct
  - Reporting any safe sport or code of conduct violations

2.7 Coach:

2.5.1 Any person listed on team registration as a coach and any person certified as a coach through the NLVA/VC.

NLVA Coaching Certification Policy

* Pending Volleyball Canada Coaching Requirements		
NLVA Coaching Requirements For 2026 **Pre-Christmas Events**		
Volleyball Canada Modules *	NCCP Modules *	

Volleyball Canada Development Coach E-Learning "Foundations of Volleyball" Module	Making Ethical Decisions	Making Headway	Safe Sport	Previously Certified Level 1 (NCCP modules still required)
NLVA Coaching Requirements For Provincial Championships				
Volleyball Canada Modules *	NCCP Modules *			
Volleyball Canada Development Coach E-Learning "Foundations of Volleyball" Module and the Development Coach in Person Workshop	Making Ethical Decisions	Making Headway	Safe Sport	Previously Certified Level 1 (NCCP modules still required)

Where do I find information on the required courses?

Everyone (regardless of if you meet the minimum standard) needs an active NCCP number, this is where you will find the NCCP courses. Log into the Locker: (https://thelocker.coach.ca/account/login?mode=login)
and create an account if you do not already have one. Check to ensure all your information is accurate and up to date. This includes your certification levels and courses.

Sign up for a Volleyball Canada Coaching Centre account (http://coach.volleyball.ca/)
This is where you will find all of the E-Learning, and in person workshop registration.

**For coaches who have been certified prior to 2021 (Old NCCP, Level 1-2-3,etc), the multi-sport courses listed above are still required. Please ensure you have completed these courses and credit is showing in the NCCP locker. **

FAQ

What if I coach the team but cannot make it to the tournament?

This is a common situation, however, **a certified coach, must** be on the bench for all matches. Some teams may choose to have 2 certified coaches just in case one coach is unable to attend.

Some coaches, will also coach multiple teams, they will need to ensure that when they are not on a bench, they have another certified coach on the bench for any matches.

I have completed the modules. Am I now certified?

No. You are classified as "In Training".
To become certified, you must complete the "In Person Workshop" which is offered on various occasions throughout the province.
Once you have a profile set up on the coach.volleyball.ca website, you will be notified when clinics are scheduled, but you can always view the current workshop list by clicking on the "Workshops" tab.

2.8 Tournament fees:

Tournament	Registration Fee	Total
Senior A – B – C	TBA	TBA
VolleyWest/Central/Fest	$375	TBA
14U-18U	TBA	TBA
13U – Triple Ball	$300	TBA

2.8.1 Registration and Roster Lock deadlines

- Registration deadlines for events can be found on the NLVA website. Registration after the deadline will result in a $50 fee per occurrence
- Roster lock deadlines will be 1 week prior to the event. Any roster changes after this deadline will result in a $50 fee per change
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2.9 Bad Standing:

Any team/club owning fees to the NLVA will be in bad standing and will not be able to register for events until payment is forwarded. The NLVA Executive may also add the roster and coaches into bad standing after 90 days with no payment.

3.0 FAIR PLAY RULE, LIBERO RULE AND SUBSTITUTION RULES

Fair Play Rule

1. Fair Play rule only applies to 13U/ 14U/ 15U Championships
2. Not in any 16U/17U/18U ABC Championships
3. VolleyFest/ Central/ West/ Regional Championships will be fair play for all tiers for Junior High

   There will be no fair play for any High School Categories in any NLVA Tournaments.
4. The Fair play rule will be adapted to help schools with small volleyball populations provided that a letter to the NLVA has been forwarded and the team has been approved by the NLVA Executive to play with less than 9 athletes.

3.1 Fair Play Rule

3.1.1 Applied to all Junior High Championships

3.1.1.1 A team must have a minimum of nine (9) players to play in the match.

3.1.1.2 A coach must "save" a minimum of three (3) players who do not play in the 1st set. In other words, at the end of the 1st set, a coach must have at least 3 players who in no way played in the 1st set. A player is considered to have played in the set if their number is entered on the scoresheet.

3.1.1.3 In the 2nd set, **there must always be at least three (3) players on the court who did not play in the 1st set.** Fair Play doesn't apply to age groups that can use Libero Any combination of players who played and did not play in the 1st set may start or be substituted into the 2nd set provided that there are always at least 3 players on the court who did not play in the 1st set.

3.1.1.4 In the 3rd set, the coach can use whichever players they want.

3.1.1.5 A team is allowed 12 limited substitutions per set.

3.1.1.5.1 Once you have a designated partner that is the only player for whom you may leave or re-enter that set. (This may change between sets.)

3.2 Substitution Rule and Libero

3.2.1 Substitution Rules

The NLVA uses the Volleyball Canada substitution rules.

13U M & F/14U M & F/15U M & F (12 Subs Limited) Fair Play rules apply to these age categories.

16U M & F/ 17U M & F/ 18U M & F/ Seniors (6 Subs Limited)

Each team may request a maximum of six substitutions per set. These substitutions are **limited**.

For 13U, 14U, 15U (boys and girls), a team is permitted a maximum of twelve substitutions per set and these substitutions are **limited**. Please keep in mind the NLVA Fair Play Policy rules when using substitutions.

Limitation of Substitutions (Rule 15.6 (Volleyball Canada Rule Book))

A player of the starting line-up may leave the game, but only once in a set, and re-enter, but only once in a set and only to his/her previous position in the line-up. A substitute player may enter the game in the place of a player of the starting line-up but only once per set and he/she can only be substituted by the same starting player.

Example

Player #5 starts the set and is substituted out by player #9 at a score of 3-1. Player #5 is substituted back into the set for player #9 at 8-4. Player #9 is not permitted to re-enter this set under the limitations of this rule. Simultaneously, player #5 may not leave for the remainder of the set.

Exceptional Substitution (Rule 15.7(Volleyball Canada Rule Book))

Any player (except the libero) who cannot continue playing due to injury or illness should be substituted legally as outlined above. If this is not possible, the team is entitled to make an exceptional substitution. This means that any player that is not on the court at the time of the injury/illness, except the libero or his/her replacement player, may be substituted into the game for the injured/ill player. If this occurs, the injured/ill player cannot play for the remainder of the match. This exceptional substitution will not be counted as one of the teams regular 'six' or 'twelve' substitutions.

3.4 The Libero Equipment and Playing Actions

Each team has the right to designate from the list of players on the score sheet up to two specialist defensive players: Liberos.

3.4.1 The libero player can be used only at the following levels of ball:

- Teams competing in the 14U and 15U age classifications are not permitted to use a libero in competition.
- Teams competing in the 16U and 17U age classifications are permitted to use only one (1) libero per set.
- Teams competing in the 18U age classification are permitted to use up to two (2) liberos per set.

3.4.2 The libero player is a backcourt specialist only and is not permitted to play in the front court positions. If s/he mistakenly rotates to a frontcourt position, then this is a positional fault and will result in loss of rally.

3.4.3 The libero player(s) must wear a numbered uniform which is a different dominant colour from any dominant colour on the team uniform.

3.4.4 The number of libero players that may be designated for a set is set out in 3.4.1. The libero player(s) may be changed from set to set. The number(s) of the libero player(s) must be on the line-up sheet for each set. If the coach decides to re-designate the libero(s) between sets:

3.4.4.1 The new libero(s) must be a player registered on the score sheet.

3.4.4.2 Any re-designated libero must comply with the uniform rule. The number of the uniform for the re-designated libero must be the same as that registered on the score sheet.

3.4.5 The replaced libero(s) can act as a regular player providing s/he has the correct uniform.

3.4.6 The libero player is not allowed to complete an attack hit from anywhere (including the court and the free zone), if at the moment of contact, the ball is entirely higher than the top of the net

3.4.7 The libero player is not allowed to attempt to block. This is a blocking fault, even when s/he does not complete the block, ie. does not touch the ball.

3.4.8 The libero is not allowed to serve.

3.4.9 A player may not complete an attack hit from higher than the top of the net, if the ball is coming from an overhand finger pass by a libero in the front zone.
The ball may be freely attacked if the libero makes the same action from behind the front zone.
Comment: The fault is the completion of the attack, not the pass itself. If such a fault occurs, the whistle is blown at the moment of the completion of the attack, an attack hit fault is signaled, and then indicate towards the libero player.
Any underhand pass from a libero may be freely attacked.

3.4.10 The Libero is permitted to be the team or game captain. If they are the Team Captain, the coach will designate a game captain while the Libero is not in play.

3.5 Replacement of Players

3.5.1 Replacements involving the libero are not counted as regular substitutions. They are unlimited, but there must be a rally between two libero replacements. The libero can only be replaced by the player whom s/he had replaced.

3.5.2 Replacements can only take place:

3.5.2.1 At the start of each set **after** the second referee has checked the starting line-up.

3.5.2.2 While the ball is out of play before the whistle for service

3.5.3 A libero and the replacing player may only enter or leave the court by the sideline in front of the team bench between the attack line and the end line.

3.6 Re-designation of a New Libero

1.) In the case of injury to the designated libero, and with the prior approval of the first referee, the coach may re-designate as a new libero one of the players not on the court at the moment of the re-designation. The injured libero may not re-enter to play for the remainder of the set.

4.0 Team Penalties

If any team is deemed to have acted inappropriately at an NLVA event (i.e.: not showing up for all matches, harassing officials, not in proper uniforms or attire, any other activity that the NLVA may deem inappropriate) the NLVA will fine the team contact/ head coach $250. The team will have 14 days to make payment to the NLVA after being notified of the infraction. After 7 days the NLVA will suspend all athletes and coaches on the team's roster from all NLVA activities until the fine is paid in full.

5.0 UNIFORMS

The uniform rule will be STRICTLY enforced at all NLVA championships.

5.1 Senior – 16U-17U-18U
Tops must be of matching colour and design. Shorts must be of matching colour. Uniforms must be properly numbered. (As per VC Rules)

5.2 Co-Ed,– Regional Opens-13U-14U-15U
Tops must be of matching colour and design. Uniforms must be properly numbered. (As per VC Rules)

5.3 Libero Uniform must have a different dominant colour from any dominant colour on the team uniform.

6.0 NLVA REGISTRATION PROCEDURES

6.1 Complete Volleyball Canada/NLVA Registration Forms **online** for **each** team to be registered. **No online forms will be accepted unless all information is completed.**

6.2 All online registrations for provincial championships must be received by January 20, 2027. Online payments must also be made before January 20, 2027. For other events please see information above for deadlines. All Senior Events payment must be done online at the time of registration.

6.3 Any team which withdraws from a tournament prior to 2 weeks of the scheduled tournament will be refunded all tournament fees, minus $100.00 administration fee. Teams withdrawing within 1 week will forfeit all fees.

6.4 A player may play for more than one team, provided that the teams on which he/she are playing are registered as a CLUB. They may not play for different teams in the same event.

6.5 Players must be 18 turning 19 during the year of Senior Championships to be eligible to participate. Any athlete that does not meet these requirements MUST have approval of the NLVA before registering for/participating in all Senior Events.

6.6 The NLVA has the right to classify any team as it deems appropriate. (ie. A, B, or C)

7.0 ELIGIBILITY

7.1 Any suspension by the School Sports Newfoundland and Labrador in the sport of volleyball will be honoured by the NLVA for both athletes and coaches.

7.2 All athletes have the right to play 3 years of Junior High and 3 years of Senior High tournaments. The NLVA must receive a written letter for approval from the athlete. Please be reminded that all Volleyball Canada age class tournaments athletes must be the appropriate age.

7.3 Any USport or ACAA player must participate in the Sr. A Provincial Championships. Men's teams will be limited to a maximum of 2 USport or CCAA players. Women's teams will be permitted 4 USport or CCAA players.

7.4 The Volleyball Canada Code of Conduct clearly states in the rule book strict sanctions for coaches who use ineligible players or coaches. Please ensure your players and coaches are eligible.

7.4.1- Eligible coaches are coaches who are approved members of the NLVA. Coaches must have a paid membership, required PIA checks, and been approved by the NLVA ***prior to participating in events***. Failure to do so may warrant sanctions from the NLVA S&D committee.

7.5 Age Groups for the 2026-27 Season

13U – Born in 2014
14U – Born in 2013
15U – Born in 2012
16U – Born in 2011
17U – Born in 2010
18U – Born in 2009

The NLVA does not use Volleyball Canada's 18-month window for age groups.

IGNORANCE of the rules will not be considered an excuse.

8.0 NET HEIGHT: NLVA RECOGNIZES

18U/17U	2.24(w)	2.43(m)
16U	2.24(w)	2.35(m)
15U	2.20(w)	2.35(m)
14U/ 13U	2.15(w)	2.20(m)

8.1 Official Tournament Volleyballs for NLVA Championships

U17 and Over	Mikasa V200W
U13 to U16	Mikasa VQ200W

Triple Ball Mikasa VUL500

9.0 Volleyball Canada Nationals Eligibility

9.1 Individual Athlete Eligibility

To be eligible for Volleyball Canada Nationals an athlete must attend 2 NLVA sanctioned events, one of which must be their age-appropriate Provincial Championship **OR** one age category above. (e.g., A 15U athlete may attend the 16U provincial championship and be considered eligible to attend the Volleyball Canada Nationals for their specific age group.)

Athletes unable to attend their provincial championships at the 13u or 14U (Grade 7 or 8) may apply for a written exemption, these athlete must attend the Provincial Club Championships.

Athletes with no School team may apply for an exemption, if granted they **must** attend the Provincial Club Championships.

9.2 Team Eligibility

Team rosters must be sent to the NLVA for approval immediately following the provincial championship. Teams must be comprised of eligible athletes (see above) and eligible coaches (NLVA members in good standing). Once approved, the NLVA will submit rosters to Volleyball Canada.

*Please note: Volleyball Canada has a national championship coach certification policy. The policy does not necessarily reflect the NLVA coach certification policy. It is the coach's responsibility to ensure they meet the VC policy, the NLVA cannot confirm that coaches meet the Volleyball Canada certification requirements.

For more information visit : https://volleyball.ca/en/development/coach/requirements

9.3 Provincial Championships and Sanctioned Events

Provincial Championships Include: 13U-14U-15U-16U-17U-18U and Senior Provincial Championships.

Sanctioned Events Include: VolleyWest-VolleyFest-VolleyCentral- Regional Championships– Club Championships and NLVA Sanctioned Invitationals.

10.0 Pan Canadian Policies

NLVA policies may be found at https://nlvolleyball.net/information/bylaws-and-policies/

11.0 NLVA REGIONAL TOURNAMENT LOCATIONS

West: Encompasses Baie Verte and all communities west, as well as Northern Peninsula to Port-Aux-Basques inclusive.
Central: Includes Springdale and all communities East to and including Eastport.
Eastern/Avalon: Bonavista and all communities East to and including St. John's.

11.1 NLVA REGIONS

**** Athletes that attend school out of their region may play in club championships with their school team (Example: Athlete attends school in Mount Pearl and lives in Paradise)**

****Boundaries may change when the Department of Tourism, Culture, Arts & Recreation review their boundaries for NL Games.**

St. John's/North - St. John's and north to Cape St. Francis, Bell Island, Torbay, Portugal Cove-St. Philips and Petty Harbour-Maddox Cove.

Mount Pearl/South - Mount Pearl, Paradise, and all communities on the Southern Shore from Bay Bulls to Trepassey inclusive.

Avalon - generally, all communities on the Avalon Peninsula and Isthmus of Avalon which are not included in the St. John's/North and Mount Pearl/South regions, This includes Conception Bay South to Holyrood; the Conception Bay north shore (Conception Harbour to Grates Cove); the Trinity shore (Old Perlican to Blaketown) and up to Arnold's Cove; the areas surrounding Long Harbour, Whitbourne, and Placentia; the Cape Shore and St. Mary's Bay up to but excluding Trepassey.

Eastern - northwest of and including Arnold's Cove including the Bonavista Peninsula, the Burin Peninsula west to Pool's Cove inclusive; Clarenville and northeast to Gambo but not including Gambo.

Central - Gambo and west to Hampden, north to Notre Dame Bay and south to the south coast. This includes Bonavista North (Hare Bay, Wesleyville, Musgrave Harbour, Gander Bay); Gander; Fogo Island; Twillingate, Lewisporte; Botwood; Bishop's Falls; Grand Falls - Windsor south to Harbour Breton; west of Harbour Breton to include François; east of Harbour Breton to (but exclusive of) Pool's Cove; Springdale and the Baie Verte Peninsula south to Hampden.

Western - west of Hampden, including the Northern Peninsula, and all communities west of François.

Labrador - all parts of Labrador

12.0 Tournament Hosting Policies

- All Hosts are responsible for the following:
  - Gym Fees/ Clean Up Fees/ Scorekeepers/ Convening fees
  - Booking Venues & Number of venues needed
  - Hotel Rooms Availability
  - Correspondence with City or Town with regards to numbers, etc.
  - Selling NLVA t-shirts/merchandise at venue canteens
    (Hosts will receive a percentage of the t-shirt revenue)

- All Hosts may charge an admission fee and set up canteens to offset any cost associated with hosting.

- At the 2012 NLVA AGM a motion was passed that all NLVA tournaments will now have scheduled scorekeepers from the teams that are playing in the current match. Both teams must provide a scorekeeper (This may be a coach, athlete, parent, etc) as long as they are comfortable completing the Volleyball score sheet.

13.0 Nationals Registration Information

School Based or Regional Based teams need to have a working Sportlomo Club portal before Volleyball Canada Nationals registration begins.