



Triple Ball East – Paradise/St. John's



Tournament Results: Visit www.iset.net (This is to be used for results only not match times!)

1. Spectators are Permitted at all Venues for Regional Championships (Tournament Admission fee - \$5.00 Cash Only)
2. Teams may stream matches provided that the team they are playing give consent. Officials will check with both teams before a match begins.
3. The NLVA is not responsible for providing access to Wi-Fi at any venues

Format

- Triple Ball Volleyball – Mikasa VUL500
- Note: warm-up will commence 1 minute after the previous match's teams have cleared their benches.
- Please ensure that your bench is clean and all items (garbage/bottles/etc.) have been picked up before leaving the playing area after your match.
- **Scorekeeping Policy:** Teams rotate sets in a match and must provide a competent scorekeeper for the scoresheet. Failure to do so will result in a default of that set.
The 1st team scorekeeping will be the serving team to start each set
- How to do the **WARM UP PROTOCOL WILL BE IN USE (2-4-4): No crossing under net when hitting** – Please refer to Officials or visit <https://nlvolleyball.net/information/registration-policy-manual/>



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Triple Ball Rules and Format 2024

Standard Volleyball rules (6 on 6) with the following additions:

Sequence

The game follows a sequence of three rallies (service, free ball 1, and free ball 2).

- 1st rally – introduced by the server
- 2nd rally – introduced by a free ball tossed to the receiving team
- 3rd rally – introduced by a free ball tossed to the serving team

The service alternates between teams after each three-ball sequence.

After each rally is complete, the ball must quickly be removed from the court so the next sequence can be started. Both teams must allow enough time for the ball to be removed from the court before starting the next sequence.

Scoring

Every ball introduced is worth one (1) point; a set can be won in the middle of a three-ball sequence.

Toss

A coach, assistant coach or a competent volunteer can toss the free ball to their team and can step into the court to do so. The tosser will immediately move off the court after the toss.

Free balls are tossed underhand, with two hands and little to no spin, above the height of the antennae and 2 meters behind the attack line to allow athletes time to play the ball.

The free ball will always be tossed directly to the athlete in position six (6), otherwise a replay will occur.

Athletes can only play tossed free balls from behind the attack line, otherwise a replay will occur.

The free ball will be tossed once the front row players are at the net (ready to transition) and all athletes have been verbally told that the ball is being introduced, “Free Ball!”.

Athletes can take “free balls” introduced by the tosser with an overhead pass (volley). The ball can be sent over the net, however the intent of having a tosser is to make pass, volley, spike rallies easier to achieve.

Time Out

Requests for time-outs during the three-ball sequence will be considered improper requests; time-outs must be made before the introduction of a serve.

Rotation and Substitution

The coach must write his full service order on the score-sheet, including the athletes on the bench in the proper order in which they will enter the game.

After the three-ball sequence, players on the serving team will rotate clockwise. It is recommended the Player in position one (1) move to the bench, the first player “in line” on the bench will move to position six (6).

Players are not allowed to switch positions during the rally. For example, a player who is in position four (4) will play left front for the entire rally.

The services order will be carried over from the end of a set to the start of the next set. The same order will be rolled over and played throughout the entire match.

Triple Ball Team Rosters

· A maximum of 15 athletes* can be inserted on the score sheet and enter the match. The full service order is to be written on the score sheet, including the names of the athletes on the bench (in proper order in which they will enter the match). This will encourage participation of all players on each team in every match.

- Minimum of 8 players, maximum of 15 players
 - 16 with permission.

Video instructions for Triple Ball: <https://www.youtube.com/watch?v=zfiXVNHqZaA>



Triple Ball East – Paradise/St. John's

Triple Ball 2025 – Grade 6 Division – Day 1				
Pool E	Pool F	Pool G	Pool H	Pool I
121. Newtown Grade 5 Boys	124. Juniper Ridge Green	127. Elizabeth Park Elem Grade 6 Girls	130. Hazelwood 6	133. Newtown Smart
122. Juniper Ridge Black	125. Newtown Fallon	128. Mustangs	131. Newtown Harwood	134. Leary's Brook 6 Boys
123. Tricentia Academy	126. Hazelwood 5	129. Newtown Butt	132. Riverside Blue	135. Riverside Black

Triple Ball 2025 – Grade 7 Division – Day 1			
Pool A	Pool B	Pool C	Pool D
1. Frank Roberts JH 7 Boys	11. Clarendville Middle Blue	21. Paradise Int Purple	31. Villanova White
2. Paradise Int Black	12. MDJH 7 Boys	22. Frank Roberts JH (Lake)	32. Leary's Brook 7
3. Villanova Blue	13. Paradise Int Orange	23. Clarendville Middle White	33. Beaconsfield JH 7 Girls
			34. Mount Pearl Int

Friday November 28, 2025 – Start Time 4:00pm – Teams May Have Matches on All Courts				
Paradise Intermediate Court 1	Paradise Intermediate Court 2	MacDonald Drive JH Court 1	MacDonald Drive JH Court 2	Paradise Elementary
127 vs 128	21 vs 22	31 vs 32	121 vs 122	1 vs 2
11 vs 12	133 vs 134	33 vs 34	121 vs 123	130 vs 131
127 vs 129	21 vs 23	31 vs 33	124 vs 125	1 vs 3
11 vs 13	133 vs 135	32 vs 34	124 vs 126	130 vs 132
128 vs 129	22 vs 23	32 vs 33	122 vs 123	2 vs 3
12 vs 13	134 vs 135	31 vs 34	125 vs 126	131 vs 132



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Grade 7 Division Tier 1 – Day 2		Grade 7 Division Tier 2 – Day 2	
Pool AA	Pool BB	Pool CC	Pool DD
101. 2 nd Pool C	104. 2 nd Pool D	121. 3 rd Pool B	131. 2 nd Pool B
102. 1 st Pool D	105. 1 st Pool C	122. 3 rd Pool C	132. 3 rd Pool A
103. 1 st Pool A	106. 1 st Pool B	123. 2 nd Pool A	133. 3 rd Pool D
		124. 4 th Pool D	

Grade 6 Division Tier 1 – Day 2			Grade 6 Division Tier 2 – Day 2	
Pool N	Pool O	Pool P	Pool L	Pool M
501. 1 st Pool E	504. 1 st Pool F	507. 1 st Pool G	401. 2 nd Pool E	404. 3 rd Pool E
502. 2 nd Pool G	505. 2 nd Pool H	508. 2 nd Pool F	402. 3 rd Pool F	405. 3 rd Pool H
503. 2 nd Pool I	506. 1 st Pool I	509. 1 st Pool H	403. 3 rd Pool G	406. 3 rd Pool I

Saturday November 29, 2025 – Start Time 8:00am – Teams May Have Matches on All Courts			
Paradise Intermediate Court 1	Paradise Intermediate Court 2	MacDonald Drive JH Court 1	MacDonald Drive JH Court 2
404 vs 405	121 vs 122	501 vs 502	507 vs 508
131 vs 132	123 vs 124	504 vs 505	401 vs 402
101 vs 102	131 vs 133	501 vs 503	507 vs 509
104 vs 105	121 vs 123	404 vs 406	401 vs 403
101 vs 103	122 vs 124	504 vs 506	508 vs 509
104 vs 106	132 vs 133	502 vs 503	405 vs 406
102 vs 103	121 vs 124	505 vs 506	402 vs 403
105 vs 106	122 vs 123	TB6T1: M21 2 nd Pool P vs 2 nd Pool O	TB6T1: M22 1 st Pool P vs 2 nd Pool N
TB7T1: M1 1 st Pool AA vs 2 nd Pool BB	TB7T2: M11 1 st Pool CC vs 2 nd Pool DD	TB6T1: M23 1 st Pool N vs Win M21	TB6T2: M31 1 st Pool L vs 2 nd Pool M
TB7T1: M2 1 st Pool BB vs 2 nd Pool AA	TB7T2: M12 1 st Pool DD vs 2 nd Pool CC	TB6T1: M24 1 st Pool O vs Win M22	TB6T2: M32 1 st Pool M vs 2 nd Pool L
TB7T1: Gold Win M1 vs Win M2	TB7T2: Gold Win M11 vs Win M12	TB6T1 Gold Win M23 vs Win M24	TB6T2: Gold Win M31 vs Win M32