



Team NL Updates (Itinerary/ Rosters/ NL Training Schedule/ NB Training Schedule)

Flight Identification:

For anyone under the age of 18 Identification is not required. It is recommended to take Identification if you have it.

Team NL Daily Itinerary:

Saturday July 13: St. John's Training

Each Team has 3 on court training sessions per day as per NL Sports Centre Training Schedule Below

Sunday July 14: St. John's Training

Each Team has 3 on court training sessions per day as per NL Sports Centre Training Schedule Below

Monday July 15: St. John's Training

Each Team has 3 on court training sessions per day as per NL Sports Centre Training Schedule Below

Tuesday July 16: Travel Day (Athletes must find their own travel to St. John's Airport)

Flight 1	AC2251	July 16th	7:20 AM
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All Athletes on Flight 1 meet at the departure entrance at 5:50am

Flight 2	AC2253	July 16th	8:20 AM
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All Athletes on Flight 2 meet at the departure entrance at 6:50am

Flight 3	AC2255	July 16th	10:20 AM
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All Athletes on Flight 2 meet at the departure entrance at 8:50am

Bus 1	AC2251	July 16th	Pick Up at 9:30am @ Arrivals in NS – Arrive at NB Campus Approx 2pm
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Bus 2	AC2253	July 16th	Pick Up at 10:30am @ Arrivals in NS - Arrive at NB Campus Approx 3pm
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Bus 3	AC2255	July 16th	Pick Up at 12:30pm @ Arrivals in NS - Arrive at NB Campus Approx 5pm
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After each bus arrives athletes will check in then Approx 1 hour later they will head to the grocery store

Wednesday July 17: NB Training

Each Team has 2 on court training sessions per as per Training Schedule Below

Thursday July 18: Eastern Elite Tournament Day 1

Tournament Schedule as per the www.nlvolleyball.net

All Results located at www.iset.net

Friday July 19: Eastern Elite Tournament Day 2

Tournament Schedule as per the www.nlvolleyball.net

All Results located at www.iset.net

Saturday July 20: Eastern Elite Tournament Day 3

Tournament Schedule as per the www.nlvolleyball.net

All Results located at www.iset.net

Sunday July 21: Off Day

Activities To Be Announced

Monday July 22: Travel Day (Athletes Need to Check their Return Flight Below)

Bus 1	Depart NB for Halifax Airport at 5:00am	AC2252	July 22nd	10:50am	Arrive St. John's at 1:11pm
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Bus 2	Depart NB for Halifax Airport at 8:30am	AC2254	July 22nd	2:10pm	Arrive St. John's at 4:31pm
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Bus 3	Depart NB for Halifax Airport at 10:30am	AC2256	July 22nd	4:50pm	Arrive St. John's at 7:11pm
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St. John's Training - NL Sports Centre - 100 Crosbie Road						
July 13 - Day 1	1	1	1	1	1	1
Court	1	2	3	4	5	6
9:00-11:00	14U F1	14U F2	14U F3	14U M1		14U M2
11:00-1:00	16U F1	16U F2	16U F3	16U M1		16U M2
1:00-3:00	14U F1	14U F2	14U F3	14U M1		14U M2
3:00-5:00	16U F1	16U F2	16U F3	16U M1		16U M2
5:00-6:30	14U F1	14U F2	14U F3	14U M1		14U M2
6:30-8:00	16U F1	16U F2	16U F3	16U M1		16U M2
July 14 - Day 2						
July 14 - Day 2	2	2	2	2	2	2
Court	1	2	3	4	5	6
9:00-11:00	16U F1	16U F2	16U F3	16U M1		16U M2
11:00-1:00	14U F1	14U F2	14U F3	14U M1		14U M2
1:00-3:00	16U F1	16U F2	16U F3	16U M1		16U M2
3:00-5:00	14U F1	14U F2	14U F3	14U M1		14U M2
5:00-6:30	16U F1	16U F2	16U F3	16U M1		16U M2
6:30-8:00	14U F1	14U F2	14U F3	14U M1		14U M2
July 15 - Day 3						
July 15 - Day 3	3	3	3	3	3	3
Court	1	2	3	4	5	6
9:00-11:00	14U F1	14U F2	14U F3	14U M1		14U M2
11:00-1:00	16U F1	16U F2	16U F3	16U M1		16U M2
1:00-3:00	14U F1	14U F2	14U F3	14U M1		14U M2
3:00-5:00	16U F1	16U F2	16U F3	16U M1		16U M2
5:00-6:30	14U F1	14U F2	14U F3	14U M1		14U M2

6:30-8:00	16U F1	16U F2	16U F3	16U M1		16U M2

July 16 – Day 4 - Travel Day

NB Training - Nashwaaksis Field House				
July 17 - Day 5				
Court	1	2	3	4
9:00-10:30	16UM1	16UM2	14UM1	14UM2
10:30-12:00	161UF	16UF2	16UF3	
12:00-1:30	14UF1	14UF2	14UF3	
1:30-3:00	16UM1	16UM2	14UM1	14UM2
3:00-4:30	161UF	16UF2	16UF3	
4:30-6:00	14UF1	14UF2	14UF3	

Team Lists 2024:

16U Male	Team 1		16U Male	Team 2
Reid	Parsons		Ethan	Whalen
Ben	Noseworthy		Oliver	Webb
Jaden	Glover		Caden	King
Kaleb	Green		Matthew	Griffin
Blake	Rogers		Jan	Bermudez
Nathan	Groves		Scott	Tapper
Ben	Mclaughlin		Liam	Ralph
Luke	Parrott		Nolan	Benoit
Samuel	Blackwood		Jonathan	Gilbert
Cole	Hickey		Clarke	Barnes
Darren	Pijogge		Jeffery	Pinsent
Evan	Ralph		Caleb	Bailey
Coach	Nathan Marshall		Caden	Parsons
Coach	Jamie Benoit		Coach	Alex Ings
Coach	Alyssa Whittle		Coach	Jake Butt

14U Male	Team 1		14U Male	Team 2
James	Collins-Hunt			
Cameron	King		Lee	Diamond
Tye	Collins		Isaac	Oton
Peter	Kehoe		Kahlem	Best
Skyler	Hawco		Griffin	Neal
Nate	Benoit		Reid	Tilley
Brayden	Noftall		Ethan	Parrott
Jaxon	Brake		Cole	Stagg
Joshua	Simms		Malcolm	Andrews
Jesse	Ransome		Logan	Watton
Hudson	Reid		Jaxon	Woolridge
Ryder	Hudson		Coach	Dion Piercey
Coach	Kim Blagdon		Coach	Stewart Macpherson

Coach	Kalan Noonan	
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16U Female	Team 1		16U Female	Team 2		16U Female	Team 3
Carlee	Woodrow		Meteghan	Kane		Falon	McLoughlan
Kirsten	English		Emma	Wareham		Elise	Blackwood
Melissa	Spurrell		Harlee	Plowman		Madisyn	Piercey
Ava	Spurrell		Brooklyn	Brown		Rachel	Slaney
Emily	Duffy						
Allison	Duffett		Claire	Hollett		Charley	Ellis
Paisley	Newbury		Leah	Fowler		Sadie	French
Kate	Reimer		Elizabeth	Nash		Charlotte	Gibbs
Eva	Myrick		Kylie	Butt		Haley	Piercey
Lily-Rose	King		Victoria	Cluett		Meghan	Jones
Mary Grace	Slade		Ava	Gaulton		Madison	Gillingham
Coach	Jenny Biles		Coach	Kaitlin Genge		Rachel	Chaulk
Coach	Willow King		Coach	Karen Greek		Coach	Maria Moores
Coach	Jeff Green					Coach	Teri Stuckless

14U Female	Team 1		14U Female	Team 2		14U Female	Team 3
Sarah	Cooper		Anais	Brake		Mya	Jeddore
Sydney	Legge		Norah	Newbury		Jenna	Harris
Zoe	Noseworthy		Sydney	French		Kate	Jackson
Kenzie	Murphy		Audria	Peddle		Gabrielle	Sharpe
Isla	Farrell		Isla	Ralph		Lyla	Reid
Kylie	Abbott		Kadence	Clarke		Reanna	Harris
Claire	Jones		Grace	Chapman		Joelle	Moss
Madison	Piercey		Ellie	Roberts		Taylor	Wells
Lexie	Woodrow		Regan	Williams		Alexa	Hynes
Hannah	Stone		Lauren	Gillis		Ella	Hynes
Emily	Herritt		Raina	Hynes		Bridget	Mercer
Anjaly	Halley		Leah	Murrin		Nevaeh	Bullock
Coach	Erin Grabka		Coach	Amanda Walsh		Abby	Newman
Coach	Julie Reardon		Coach	Ally Grabka		Coach	Krista Ghaney
						Coach	Alex Corbett

Flight Information – Departure Flight #1 – Return Flight #3

Depart	AC2251	July 16th	7:20 AM
Return	AC2256	July 22nd	16:50
46 Seats			
Sarah	Cooper		
Sydney	Legge		
Zoe	Noseworthy		
Kenzie	Murphy		
Isla	Farrell		
Kylie	Abbott		
Claire	Jones		
Madison	Piercey		
Lexie	Woodrow		
Hannah	Stone		
Emily	Herritt		
Anjaly	Halley		
Erin	Grabka		
Anais	Brake		
Norah	Newbury		
Sydney	French		
Audria	Peddle		
Isla	Ralph		
Kadence	Clarke		
Grace	Chapman		
Ellie	Roberts		
Regan	Williams		
Raina	Hynes		
Leah	Murrin		
Amanda	Walsh		
Stewart	Macpherson		
Carlee	Woodrow		
Kirsten	English		
Melissa	Spurrell		
Ava	Spurrell		
Emily	Duffy		
Allison	Duffett		
Paisley	Newbury		
Katherine	Reimer		
Lily-Rose	King		
Mary-Grace	Slade		
Jennifer	Biles		
Allison	Grabka		
Nathan	Marshall		
Samuel	Blackwood		
Cole	Hickey		
Darren	Pijogge		
Evan	Ralph		

Flight Information – Departure Flight #2 – Return Flight #1

Depart	AC2253	July 16th	8:20 AM
Return	AC2252	July 22nd	10:50
47 seats			
Krista	Ghaney		
Jacob	Butt		
Mya	Jeddore		
JENNA	HARRIS		
Kate	Jackson		
Gabrielle	Sharpe		
Lyla	Reid		
Reanna	Harris		
Joelle	Moss		
Taylor	Wells		
Alexa	Hynes		
Ella	Hynes		
Bridget	Mercer		
Nevaeh	Bullock		
Abby	Newman		
Kaitlin	Genge		
Karen	Greek		
Meteghan	Kane		
Emma	Wareham		
Harlee	Plowman		
Brooklyn	Brown		
Claire	Hollett		
Leah	Fowler		
Elizabeth	Nash		
Kylie	Butt		
Victoria	Cluett		
Ava	Gaulton		
Maria	Moores		
Teri	Stuckless		
Falon	McLoughlan		
Elise	Blackwood		
Madisyn	Piercey		
Rachel	Slaney		
Charley	Ellis		
Sadie	French		
Charlotte	Gibbs		
Haley	Piercey		
Meghan	Jones		
Madison	Gillingham		
Rachel	Chaulk		
Kimberly	Blagdon		
Cole	Stagg		
Malcolm	Andrews		
Logan	Watton		
Jaxon	Woolridge		

Flight Information – Departure Flight #3 – Return Flight #2

Depart	AC2255	July 16th	10:20 AM
Return	AC2254	July 22nd	14:10
47 Seats			
Reid	Parsons		
Benjamin	Noseworthy		
Jaden	Glover		
Nathan	Groves		
Benjamin	Mclaughlin		
Luke	Parrott		
Jamie	Benoit		
Ethan	Whalen		
Oliver	Webb		
Caden	King		
Matthew	Griffin		
JAN	BERMUDEZ		
Liam	Ralph		
Nolan	Benoit		
Jonathan	Gilbert		
Clarke	Barnes		
JEFFREY	PINSENT		
Caleb	Bailey		
Caden	Parsons		
Alex	Ings		
Alexander	Corbett		
James	Collins-Hunt		
Cameron	King		
Tye	Collins		
Peter	Kehoe		
Skyler	Hawco		
Nate	Benoit		
Brayden	Noftall		
Jaxon	Brake		
Joshua	Simms		
Jesse	Ransome		
Hudson	Reid		
Ryder	Hudson		
Julie	Reardon		
Dion	Piercey		
Lee	Diamond		
Isaac	Oton		
Kahlem	Best		
Griffin	Neal		
Reid	Tilley		
Ethan	Parrott		
Kalan	Noonan		
Russell	Jackson		
Willow	King		