

NEWFOUNDLAND & LABRADOR VOLLEYBALL ASSOCIATION

1296A Kenmount Road/ Paradise/ NL/ A1L 1N3 Phone: (709) 576-0817 Fax: (709) 576-7493 E-Mail: nlvaruss@sportnl.ca Website: www.nlvolleyball.net

Hello Athletes, Coaches, Officials and Parents,

Since the news of the arrest of a member of the volleyball community broke a few days ago, our members, staff and executive board have been shocked. As the updated information regarding the case was released today, we understand how vast of an impact this case will have.

After consulting with several agencies on the NLVA providing some level of support or forum for those affected, we have been advised that the NLVA staff and board do not possess the necessary knowledge, training, or skills to deliver supports to the volleyball community. We can however direct those who are in need to the appropriate support systems.

Here are some of those suggestions:

- For adults, check with your employer about an. EAP (Employee Assistance Program)
- For athletes, coaches or officials, you may be able to access some of the mental health services available here
 - o <u>https://sportintegritycommissioner.ca/mental-health</u>
- The Canadian Mental Health Association (NL) has specific resources available for everyone
 - https://cmhanl.ca/get-help/
- For those in critical need of assistance you can reach out to the Mental Health Crisis line
 - o **811**
- For all youth, the Kids Help Phone can be reached at
 - 1-800-668-6868 or text 686868
- For those currently enrolled in an educational institution contact your administration for access to mental health services

• The NLESD has released specific information on some of these supports. Please refer to this statement for specific details.

The NLVA will remain diligent in its pursuit of resources and support systems that can help the volleyball community through this challenging time. If supports are discovered and or made available, they will be emailed out to our membership immediately.

As previously stated, we encourage Anyone with information related to the investigation can get in touch with police by calling (709) 729-8000 or contacting Crime Stoppers anonymously at 1-800-222-TIPS(8477), <u>www.nlcrimestoppers.com</u> or through the P3Tips app.

The NLVA is currently evaluating if current programs and events will operate as per normal.

In upcoming days, the NLVA will be releasing some information regarding youth programming and events. Please ensure you read this material in detail once it becomes available.