

Newfoundland & Labrador Volleyall Association Annual General Meeting



St. John's, NL June 2<sup>nd</sup> 2018

# AGENDA June 2<sup>nd</sup>, 2018

Saturday June 2 <sup>nd</sup> , 2018	
9am-1pm	Annual General Meeting
9:00 am	Call to Order Welcome Approval of Agenda Approval of 2017 Minutes Errors and omissions NLVA 2017-2018 Review (Russ Jackson) • Presidents Report (Eric Hiscock) • Hall of Fame/ 2017 Awards/ 2018 Nominees • Tournaments (Indoor/Beach) • NLVOA (Officials - Cindy Hiscock) • Elementary School Leader Presentation • Coach and Athlete Development (Nathan Wareham) • Canada Games Reports • Audit (Russ Jackson) Update: New Strategic Plan 2018-2021(Russ Jackson) Future NL Games Discussion Volleyball Canada Update (Eric Hiscock)
	New Business Items Motions and Resolutions Discussions Tournament Bidding (Tournament Dates - VF/VW/VC) Election of Officers President 2 <sup>nd</sup> Vice President Secretary Regional Officials Chair Regional Directors (Voting Positions) Appointment of Auditor Scheduling of 2019 AGM
5:30pm - 10:00pm	Awards and Hall of Fame Banquet

# **President's Report**

It's been slightly over 50 years since volleyball became an organized, competitive sport in Newfoundland and Labrador, yet every year we continue to grow. At present our grass roots system is well known and we are showing improved numbers in all areas. This is mainly due to the work of our dedicated office staff led by our Executive Director, Russ Jackson, our Technical Director, Luke Harris and our newest employee, Stuart McPherson who is basically assuming the role of program coordinator.

This staff, along with a committed hands on executive, has allowed us to have another extremely successful year. I must personally thank Finton Gaudette, Catherine Strickland, Randy Manning, Mark Rice, Cindy Collins, Nate Wareham and our six regional representatives who have met faithfully and discussed all relative issues with professionalism as we strived to make the best decisions for any problem we encountered.

Special thanks to our Canada Games coaches and our elite coaches who strive to find the best athletes to represent our province. This year our elite development chair, Nate Wareham, has led a group of coaches through our largest Team NL tryout program ever. We had over 650 athletes with 240 of them selected to our 14 thru 17 selection weekend.

Our coaching programs have changed drastically over the past year with Volleyball Canada and the NCCP combining to establish a new program. NLVA now offers E-Learning modules and our technical director. Luke Harris is involved with VC in developing the new program. NCCP is now providing courses such as Concussion Protocol and Making Ethical Decisions which all coaches are required to do. Luke will keep us all informed with new developments in this area. Volleyball Canada is also introducing a new elementary program and our program coordinator, Stu McPherson will be keeping all of us up to date with any new developments.

Congratulations to all our award winners who will be recognized at this evening's banquet. I must also congratulate my Vice President, Finton Gaudette for doing such a fantastic job in seeking out nominees for our Hall of Fame. Tonight, we are proud to induct Bill Thistle, Susan Rendell, Bob Alcock, Bruce Cocker and Derek Strickland to our Newfoundland and Labrador Hall of Fame. Congratulations All! In closing I must thank all parents, coaches, officials and athletes who have helped us through another challenging but extremely successful year. Thanks once again to our office staff, executive and committees and especially to Russ Jackson who continues to lead us onward and upward both in quality and quantity of our programs.

Eric Hiscock President



# 2017-2018 Monthly Major Activity Calendar

MONTH	Major Activities
April 2017	Provincial Team ID Camps (6 Regions)/ 14U Male & Female Provincial Championships/
	Co-Ed League Begins/ Audit Process Begins
May 2017	Provincial Team Selection Weekend/ Audit Process Ends/ Provincial Team Athlete
	Letters/ AGM Reports/ Government Grant Applications/ VC National Championships
June 2017	Annual General Meeting/ Annual Awards Ceremony/ Hall of Fame/Volleyball Canada
	AGM/ Co-Ed League Ends/ Hiring of 20 Summer Students/ Summer Student Coaching
	Education Program/ Provincial Team Coach Selections
July 2017	Junior Elite Male Program – 1 <sup>st</sup> Week/ Junior Elite Female Program 2 <sup>nd</sup> Week/ Provincial
	Team Excellence/ Provincial Team Eastern Elite Championships/ Canada Games Training
	and Pre-Competitions (Indoor and Beach)/ Atlantic Beach Tour – Corner Brook
Aug 2017	NLVA Beach Championships/ Provincial Beach Volleyball Program/ Canada Games Indoor
	and Beach – Winnipeg
Sept 2017	Website Development/ Calendar Development/ Senior Leagues Begin/ Tournament
	Planning/ Coaching Workshops
Oct 2017	VolleyWest/ VolleyFest/ Junior High League Begins/ Mini Volleyball/ Coaching
	Workshops
Nov 2017	VolleyCentral/ 15U Regional West-Central-East/14U Regional West-Central-East/ Mini
	Volleyball/ NL Winter Games Registration
Dec 2017	Triple Ball West-Central-East / Junior High League Ends/ NL Winter Games Playdowns/
	Volleyball Canada Symposium (Ottawa)
Jan 2018	Provincial Championship Registration/ Volleyball Canada ED-TD Meetings/ Premier
	Athletic Awards/ Mini Volleyball/ Coaching Workshops/ Winter Skills Sessions
Feb 2018	Provincial Championships (15UF/16UF/17UM/18UFA-B-C)/ Mini Volleyball/ Winter Skills
	Sessions/ NL Winter Games Administration
March 2018	Provincial Championships (Senior 19+) (15UM/16UM/17UF/18UMA-B/13U All Regions)/
	Senior League Ends/ Provincial Team ID in All Regions/ Winter Skills Sessions/ NL Winter
	Games Competition

#### Newfoundland & Labrador Volleyball Association Minutes-Annual General Meeting-Saturday, June 10,2017, Corner Brook, Pepsi Center

Attendance: Al Ducey Dave Jewer Dean Catling Melissa Oates Scott Bennett Derek Strickland Terry Mosher Nathan Wareham Corey King Janice Colbourne Jana Vokey Angela Reid **Catherine Strickland** Chad Richards **Cindy Collins** Finton Gaudette Randy Manning **Russ Jackson** Stewart MacPherson Luke Harris Eric Hiscock Robin Wright Peter Butt Jeanette Grobka Glen Moulton **Ros Hiscock** Mark Rice

Call to Order 2:31 by Eric Hiscock Welcome to everyone from Eric Hiscock to this year's AGM

Approval of the Agenda Terry Mosher Moves Second by Dave Jewer

**Errors and Omissions** 

Approval of the 2016 Minutes Cindy Collins Moves/ Second by Al Ducey

## NLVA 2016-2017 Review (Russ Jackson)

Thank you to everyone for coming to this year's AGM, we will be having about 100 people coming to the hall of Fame banquet later tonight.

Big thank you to Finton for looking after and the organizing of this years Hall of Fame. Also thank you to the NLVA office staff for helping out Finton with hall of fame organizing.

Luke, Russ and randy will be attending this year's Volleyball Canada meeting. The NLVA Executive meet 1 time per month to go over an assigned agenda to deal with issues, make decisions on up coming events and to make sure items are dealt with.

We have many Provincial tournaments again this year, so we will be busy organizing those events.

Thank you for those who Convened and referee at all our tournaments, theses events would not be possible without your support.

We have a monthly calendar at the office that gets fill up rather quickly with such growth to the sport of volleyball in our province over this past few years. We have 19 staff hired for the summer months, they will be helping with our Junior Elite programs and provincial programs. This year we will be having 12 teams attending Eastern Elites Provincials and Beach Provincials. This is Canada Games year, so coaches and staff are busy organizing the Male and Female teams.

Going Forward, Coaching Levels will have to be done through Volleyball Canada by completing Modules online, these are mandatory to have completed to coach in our provincial tournaments and winter games. Luke Harris will be overseeing this module to make sure coaches have the proper certification.

A big thank you to the Provincial Government, schools, Administration of schools, towns, cities, coaches, players, parents, referees, Conveners and anyone that helped make this past year such a success for the sport of Volleyball in our Province.

## Presidents Report (Eric Hiscock)

We have had a very busy year with growth in our programs, also with the new coaching modules it is putting more work on our office staff(Luke) to over see that coaches are completing their modules.

Our Annual Seniors tournament is still not bringing in right Revenue because of the expenses of paying for Gym time, hotel fees, Travel for referees from St. John's. We are not getting any support from the town of Grand falls, so we will be moving our Seniors out of Grand Falls to Clareville.

Teams at Seniors this year will be responsible for suppling their own scorekeeper. A Big thank you to Our NLVA Executive for working hard during this past years and for all you help volunteering at most of our events.

Thank you to our NLVA office staff for keeping everything running smoothly during this past year.

NLVOA (Officials – Cindy Collins) We will be running Referee clinics in Roddickton & Port Aux Basques Keith Randell is promoted to level 3, Markus Hicks was promoted last year. Rule change, net height for 16 U Female will be 2.24 meters. 15U are not allowed to Volley on a serve. Thank you to all that Refereed this year and we are hoping to have more new Referees trained soon. Provincial Team programs (Chad Richards) We have had tremendous success with our Junior elite program this year going from 120 in 2016 to 180 in 2017. We had a 14U team compete in our Eastern Elites in 2017. We had a great coaching staff for our Junior elite program, with Summer staff involved in coaching and mentoring junior aged kids. We had 687 Athletics try out for our Provincial teams. Eastern Elites were a Hugh success again this year. Female Beach team is in jeopardy of not going to Beach Canada Games because 2 of the Athletics Quit, we are looking to see if we can 2 more Senior Athletics to go. Motion to adopt all reports. Dean Catling moved Seconded Nathan Wareham

Audit (Russ Jackson) Government has cut all Stationary Expenses.

Update: Strategic plan (Russ Jackson)

This September we will be having a summit meeting with Coaches and referees in St. John's as part of our Strategic plan. Our last planning session like this was 6 years ago.

NL Winter Games (Deer Lake)

This year's winter Games is the same week as Seniors tournament in Gander, do we skip it or try to help where we can. We will need someone from the area with a Volleyball background to put this together.

We will deal with the decision on Winter Games at the Elite and Athletic committee level. Molson Senior Update and future Locations.

Cap has agreed to sponsor half of our medal expenses.

We would prefer teams pay and register online instead of having to deal with cheques being sent to the office which take longer to process.

We are looking to sign a 10 years lease with the power Plex for the usage of the facility, they are looking for \$100,000 up front. We will be paying \$50,000 now and \$50,000 in September. It costs us \$15 per hour now for the rental of the power plex.

Senior League in St. John's is getting bigger every year and there are more teams looking to enter every year.

We will be having 6 courts at the power Plex, 2 at PWC and 2 at MPSH.

130 Teams this past year at Seniors with many complications, therefore the Executive has decided to move Seniors out of Grand Falls and locate it to Clareville. Volleyball Canada Updates Eric;

Eric gave a brief update on meeting that Russ, Eris, Luke and randy will be attending this coming year.

Adjournment; 5:12 pm

New Business items Motions and Resolutions

#### Notice of Resolution

Where the online Registration system has virtually made the position of register redundant and whereas there is a constant demand for a liaison between the NLVA and numerous schools for gym space. B e it resolved that the position of Register be changed to a new position entitled NLVA school Liaison Chair.

Submitted by President Eric Hiscock Seconded by ROC Cindy Collins Passed by showing of hands.

Notice of Resolution

Whereas the NLVA now uses 16U Female, 17U Female/Male and 18U A,B,C Female/Male. 12 Subsutition Unlimited

Be it Resolved that the NLVA accept the 6 Subsutition Limited rule 15.1 for 16U Female,17U Male/Female and 18U A,B,C Male/Female.Passed by the showing of hands 25-0

Notice of Resolution

Whereas 15.1 of the volleyball Canada Rule book states for 15U Male/Female and 16U boys use 12 Subsutition Limited. NLVA uses 12 Subsutition Unlimited.

Be it Resolved that the NLVA Follow Volleyball Canada Rule 15.1 for 15U men/women and 16U male age division.

Passed by showing of hands 25-0

**Resolution of Information** 

Whereas the NLVA Constitution is not Published, be it resolved that the current NLVA Constitution be placed on our website for people to view if and needed when necessary. Proposed by Terry Mosher Seconded by Deon Goulding

Discussions To be discussed by the Executive Whereas a team is unable to provide a knowledgeable scorekeeper/minor official during an NLVA sanctioned event, be it resolved that the team in question be penalized 1 point for every 1 minute they are late or cannot provide a knowledgeable scorekeeper or minor official.

Proposed by Nathan Wareham/ Seconded by Eric Hiscock

Discussed by the Executive and voted NOT to proceed with this Resolution at this time.

Tournament Bids Awarded and posted on the NLVA web site at a later date.

Election of officers 1<sup>ST</sup> Vice President

Finton Gaudette

Nominated by Randy Manning/ Seconded by Terry Mosher

Finton Accepts him Nomination

Registrar

Randy Manning

Nominated by Derek Strickland/ Seconded by Mark Rice

Randy manning accepts his Nomination

Coach and athletic Development Chair

Presently held by Chad Richards

Nate Wareham Nominated

Nominated by Jana Vokey/ Seconded by Terry Mosher

Chad Richards Nominated

Nominated by Cindy Collins/ Seconded by Catherine Strickland

25 voted counted by Mark Rice, Cindy Collins, Rand Manning and Catherine Strickland.

18 votes for Nathan Wareham/ 7 votes for Chad Richards

## Nathan Wareham is the new Coach and Athletic Development Chair

**Regional Directors (Voting Positions)** 

Labrador Region Melanie Cayouette

Northern Region Rhonda Martin

Western Region Robin Wight

Central Region Dean Catling

Eastern Region Stephanie Smith

Avalon Region Brad Pitcher

Appointment of auditor

Jamie Hart

Scheduling of 2018 AGM

2<sup>ND</sup> Weekend of June 2018

# NLVOA – Regional Officials Chair

## NLVOA Executive Committee 2017-2018

Cindy Collins – Chair/Treasurer Stephanie Smith – Officials Development Randy Manning – Assignor Noel Lilly – Assignor

Markus Hicks – Registrar Brad McCarthy – Assignor

## **Clinics Held**

We had a very successful year with clinics so first of all congratulations to all successful candidates. We held a level 1 clinic in Clarenville, Gambo, Hare Bay, Roddickton, Corner Brook, Port Aux Basques and St. John's. We also a level 2 clinic in St. John's. Thanks to Stephanie Smith, Keith Randell, Deanne Dietz, Markus Hicks, and Terry Mosher for helping conduct the clinics.

#### **Officials Travel:**

Markus Hicks travelled to the Eastern Canadians last summer and then to the Canada Games. He represented our province very well in both events and received some extremely promising feedback from members on the National Promotions Committee. It is a rare occurrence for Volleyball Canada to allow a Regional referee from out of province participate in these Games so thank you to Scott Borys and everyone else that made it happen.

Markus Hicks and Mark Rice are attending Volleyball Canada's National Championships in Edmonton. At the time of writing this report, they are making their way to the West Coast but look forward to hearing all about their experiences.

#### **Referee's Development:**

This year was extremely successful for the Western Region as we held numerous clinics throughout the area. With the large number of tournaments in the Corner Brook area, a lot of work was spent on developing these new officials. Special thanks to Finton Gaudette and Jana Vokey for stepping in for our committee to help with this development. I am hoping to have a referee supervisor attend as many championships next season as possible. This is a huge commitment for tournaments in Central and Western but I will try to have someone whenever possible to continue to work on our officials beyond the overpass.

Next year, we will concentrate on Level 1 clinics in Labrador, Central and St. John's and a Level 2 clinic in St. John's and Clarenville. We will also be sending out invitations for a Level 3 clinic.

#### **Paul Augot Award:**

Congratulations to last year's winner Mark Rice!

#### Acknowledgements:

Wow, 8 years as ROC has flown! Once again, my executive has gone above and beyond to help out in any way they can. Although we may not have a standard meeting type environment, we are in constant communication multiple times per week as needed to discuss any situation that arises. It is because of each of you that my term as ROC has been extremely enjoyable. Special thanks to Dean Catling, Finton Gaudette, Jana Vokey, Bill Carter, Dave Jewer, and Keith Randell for assigning the tournaments held in their regions this past year. Thanks to Russ Jackson for everything you do for us, to the NLVA executive and Volleyball Canada. Finally, thank you to all our referees for your continued support and commitment.

Cindy Collins Regional Officials Chair

## **Coach and Athlete Development Report**

# Coach and Athlete Development Committee 2017-2018

Nathan Wareham - Chair Luke Harris – NLVA Staff Chad Richard (Past Chair) Craig Hoskins John Slauenwhite Stewart Macpherson – NLVA Staff Mellissa Oates

## <u>Overview</u>

The 2017 – 2018 NLVA Volleyball Season challenging and progressive year for NLVA and the Coach and Athlete Development Committee. The programs offered through the Association have grown and we have implemented changes to influence culture, accountability, integrity and of course; coach and athlete development. In 2017-2018 Stu Ralph had to step down and Craig Hoskins filled his spot. We have a very strong working group and look forward to the challenges and growth that lies ahead in 2018-2019.

## Junior Elite

• The Junior Elite program has now developed into a program all of its own with Stewart Macpherson as its implementer. Having a fulltime staff member run this program as a part of their portfolio is exciting and speaks to the impact this program has had and how it has grown and expanded since its start. This year 186 male and female athletes have been invited to train as a part of the Junior Elite program, which will run in early July.

## **Provincial Program**

- This year the 2018 Team NL ID Weekend had 638 Total (314- Team NL, 321- Jr. Elite) The Team NL ID Weekend witnessed athletes with an improved skill set, and a very talented athlete group, however a deficiency has been identified with regards to setting and attacking footwork. From this session, identified athletes were invited to attend the Team NL Selection Weekend in St. John's to vie for a spot in the NLVA Provincial Program. This past year we had a athletes selected to attend this weekend. This number is phenomenal because it is a Canada Games year where another 24 athletes are involved. A huge thank-you to all volunteer coaches who helped the sessions run smoothly. Without your dedication and help these ventures would not be able to take place.
- This year's program experienced a number of changes meant to increase athlete expectations and standards, while maintaining program consistency from start to finish. Theses changes include:
  - No Registration, no participation

- CADC took lead roles in ID weekend. Mellissa Oates in Western, Chad Richards and Craig Hoskins in Central, Nathan Wareham in Clarenville and St. John's.
- CADC then formed the selection committee and the placement weekend. This allowed for consistent selections at every stage of the process.
- Bubble athletes, or athletes that may have underperformed will have a 2<sup>nd</sup> chance opportunity to earn a spot in the EEC program. If an athlete shows that they have improved or need to experience competition after the PTE program, they will be invited to participate. This has happened in the past, but this year we have dedicated spots with EEC for this purpose.
- I would like to acknowledge the following people for their participation help during the process:
  - Finton Gaudette
  - Glen Moulton
  - Andrew Hicks
  - Brian Bennett
  - Sydney Burton
  - Catherine Ducey
  - Mitch Lundrigan
- Athletes that attended the Selection Weekend were selected to the NLVA Provincial Program. This weekend was used as placement selection where athletes were placed in the program that was best suited to the athletes needs to help individual athletes improve.
- There are two streams that compose the NLVA Provincial Program
  - 2017 Provincial Training of Excellence (PTE). Athletes that are placed in this program attend training sessions in St. Johns for 5 days that was convened by Memorial Seahawks Head Coach John Slauenwhite. Athletes that attended this training needed more training in order to improve as a volleyball athlete. There were 60 athletes that attended the PTE Stream in July 2017. This year, we have increased numbers selected for this program however, registered number of athletes is not known at this time. It is fair to say that the program will see a dramatic increase with athletes improving their volleyball skills.
  - 2. **2017 Eastern Elite Champions (EEC).** Athletes that were placed into this program needed competition to assist in furthering their volleyball skills and making them better athletes. The **Eastern Elite Championships** were

held in **Moncton, NB** in **July 2017** that saw over 400 athletes, 1500 spectators, 70 coaches, 20 officials, and 6 convenors attend the event. Below is a list of Teams that participated in the Tournament along with their placing.

Team	Placing	Team	Placing
М	ale	Fen	nale
15U 1	3 <sup>rd</sup> / 8 Teams – Tier	15U 1	5 <sup>th</sup> / 12 Teams – Tier
	1 (Bronze)		1
15U 2	1 <sup>st</sup> /8 Teams - Tier 1	15U 2	11 <sup>th</sup> / 12 Teams –
	(Gold)		Tier 2
15U 3	7 <sup>th</sup> /8 Teams – Tier 2	15U 3	9 <sup>th</sup> / 12 Teams – Tier
	(Bronze)		2 (Bronze)
		15U 4	10 <sup>th</sup> / 12 Teams –
			Tier 2
17U 1	4 <sup>th</sup> / 4 Teams	17U 1	2 <sup>nd</sup> / 8 Teams – Tier
			1
17U 2	3 <sup>rd</sup> / 4 Teams	17U 2	6 <sup>th</sup> / 8 Teams – Tier
			1
Canada Games	9th	Canada Games	9th
(Indoor)		(Indoor)	
Canada Games	6th	Canada Games	N/A
(Sand)		(Sand)	

A huge thank you to all of our volunteer coaches, and staff, for making the Eastern Elite Championship a success!

• There are another **11 teams** with **132 athletes** selected this year to attend the **Eastern Elite Championships** in **Halifax, Nova Scotia** in **July**. Any interested coaches for this year's summer program should apply online. A major change occurring this year is with the PTE. Athletes send to PTE will have the week to showcase their skills and earn an invitation into the EEC Program. The EEC teams have 2 available roster spots on each team.

#### **Coaching Development**

- This Year we have instituted mandatory coaching requirements. This past year seen 2 Advanced dev. Clinics and 5 Dev. Coach Clinics. 1 clinic did not go ahead- only 4 participants in central. This region will get 1st available clinic in the fall. Luke has been contributing to the completion of the Dev. Coach course, which will roll out in the fall.
- 85% of coaches met the requirements, additional 5% completed by May 1<sup>st</sup>.

• A total of 57 coaches have completed the certification.

## <u>Canada Cup</u>

- Team Atlantic is underway for males with coaches in place. Luke and Megan Conroy are leading this program for the most part (Nova Scotia has taken the lead). Luke will be at tryouts to ensure program is conducted appropriately. We have 6 Boys attending this tryout.
- Only two females signed up for the NL Canada Cup Program. Luke will be contacting other provinces to find a spot for those two athletes. We are looking to launch a year round prov. Team in the fall to help with female high performance with the Canada Cup being the goal for those involved with the year round, and EEC for those not.

## Canada Games

 With the 2017 Canada Games program completed we now look to building on the improved culture and many successes. With indoor programs finishing 9<sup>th</sup>, male beach finishing 6<sup>th</sup>, we will look to improve those finishes and build upon lessons learned. Look for 2021 indoor and beach program coaches to be hired in the fall of 2018.

#### Volleyball Canada – James Sneddon

Throughout this past year, the relationship with volleyball Canada has been getting stronger. In 2017 Luke was a court manager at the 2017 Canada Games. This past May he was a results manager at the 2018 Open and has been working to develop the new coaching program. This strengthened relationship resulted in James Sneddon attending this year's placement weekend. James evaluated our Canada Cup athletes and our programs as a whole. After his visit was over he provided the CADC and office staff with feedback regarding our program and process. Some important points to note are listed below.

## Considerations:

- May be valuable to re-examine NLVA's vision for Provincial Team. Recommend focusing on growth and high-performance as a dual goal.
- If there is a move to HP = must accept that change is critical
- OTP will not allow volunteer committees to have an influence on program direction. This responsibility lies with the staff and High Performance Director. Consider the role of current committee structures.
- Ensure lead coaches are 'nurtured'

- Recommend implementing Regional HP program as discussed (Year Round Provincial Team):
  - Sept-Feb offer weekend training in 4 regions (16-18U)
  - Feb-May these training groups become club teams that train during the week (3-4 days min) and compete against the other 3 teams in the province. NLVA creates the competition calendar and provides training program resources. Culminating event at Nationals.
  - June off for exams plus strength and conditioning
  - July All 4 club teams come to Provincial Team selection camp. 14 are selected to go to Canada Cup. Remaining 3 teams attend Eastern Elites. If necessary, additional teams can be formed at the tryout.
  - July and August expand 14U program to be camp based (5 days per camp) and do not limit participation – just tier the players so their training and competition is meaningful.

#### Strengths (Operations: Luke Harris)

Strengths:

- Organization
- Getting it done
- Considers many perspectives
- Good working relationships with key people
- Desire for excellence
- Embraces new research and coaching concepts
- Driving coach education forward
- Understands adult learning principles and applies when facilitating
- Strong technical/tactical knowledge and experience

Areas for improvement:

- Consider expectations versus reality
- Further balance teaching with guided discovery
- Consider mentorship and teaching opportunities versus discipline
- Expand knowledge of Simulated Play and Periodization

Nathan Wareham Coach and Athlete Development Chair

#### **Team NL Beach Volleyball**

I had the pleasure of attending the Eastern Elite Indoor competition for the first time on the weekend prior to the Atlantic Beach Championships. I would to commend Luke, Russell, and Stewart who continue to do a fantastic job in the office organizing all travel and training arrangements. They situate the athletes so they make the most of their training and competition environment. They ensure every parent that personal safety is the number one priority. As well they create a positive learning environment for our young and up-and-coming Team NL coaching staff. It was truly remarkable to observe the coaches' meetings at the end of each competition day! Well done, guys!

After the Eastern Elite competition, 34 beach athletes trained for five days at Parlee Beach in New Brunswick for the Atlantic Beach Championships. It was a grueling week. Temperatures were near thirty degrees every day, and it became more important to watch for signs of heat stress than it was to watch for skill and team development.

We trained four hours per day (two 2 hr sessions). The game was very new, not only for most of the athletes but for some coaches as well. Everyone worked had and we saw some great development over the week.

Team NL, along with eight athletes from the Corner Brook Beach Volleyball Club, made up more than half of the teams competing at the Atlantic Championships. Twenty-one teams competed for Newfoundland Labrador. Medal Winners included the following:

Maddi Kennedy and Jenna Lake	14 U Female Gold
Cole Mackey and Ryan Littlejohn	16 U Male Silver
Robbie MacDonald and Cameron Pittman	16 U Male Bronze
Ashley Parsons and Brianna Chaulk	16 U Female Bronze

In conversations with James Sneddon, Director, Athlete & Coach Development with Volleyball Canada, I envision the following as we go forward:

- Identify our top four athletes in each age category and encourage the beach game.
- Establish a domestic tour to encourage more beach competition (3 events). This will allow athletes to take more responsibility in choosing their own partnerships prior to entering any major competition (i.e. Provincials, Atlantics, Nationals).

- Implement a provincial championship with medal winning teams in each division receiving some financial support from the NLVA. This financial support would come from revenue collected from registrations for the tour and provincial championships.
- Offer provincial training camps to develop the game at individual and team level
- Provide physical and mental training programs for all beach athletes.
- Find a way to educate municipalities on developing more beach courts on the island. These facilities are cheap, and if done properly, require very little upkeep.
- Get the word out there! We are 6000 participants strong.

This was my first experience coaching a beach camp with so many athletes spread over six courts. Certainly, it was a huge learning experience. I learned it is just as important to keep our athletes as busy off the courts as they are on the courts. I would also change the learning environment, but that comes from personal evaluation over the entire week. I want send a big thank you to Nathan Baker, Sam Dawe, Katie Gaudette, Megan Kalbfleisch, and Stewart Macpherson for their phenomenal help over the training and competition period. As I said earlier, the safety of the athletes is first and foremost. These coaches provided great feedback to all athletes and actively monitored their well-being.

Finton Gaudette High Performance Beach

Indoor Female - Canada Games 2017 – 9th Place				
Coaching Staff	Head Coach: Nathan Wareham Assistant Coach: Sydney Burton			
	Manager: Terry Mosher			
	Other: Catherine Ducey – Apprentice Coach,			
	Venue Pass Holder – Larry Burton			
Current Roster	1. Hailey Oke – Massey Drive			
	2. Asha Kennedy – St. John's			
	3. Zayley Murphy – C.B.S.			
	4. Margaret Henley – St. John's			
	5. Erin Grabka – Humber Village			
	6. Claire Sheppard – St. John's			
	7. Hannah Grabka – Humber Village			
	8. Katie MacDonald – St. John's			
	9. Emma Hackett - Clarenville			
	10. Annika Bieger – St. John's			
	11. Emily Inder – Grandfalls-Windsor			
	12. Caroline Walsh – St. John's			
Completed Competitions 2017	2017 JVA World Challenge 2017 USA HP Championships 2017 Canada Games			
Future Program Considerations	<ol> <li>Build stronger relationships with grass roots programs and coaches to ensure potential athletes are receiving adequate training (must increase athletes' ability to perform basic skills)</li> <li>Introduce athletes to sports psychology much earlier in the program to ensure athletes can handle stress and commitment</li> <li>Programs need to ensure PTC fitness program fits CG goals (sport specific), and that it meets the needs of all athletes involvednot just the ones who can visit centre</li> <li>Secure funding for statistical/video analysis</li> <li>Add in more professional development for coaching staff</li> <li>Fill competition gap. (Year round provincial team as outlined in CADC report). Athletes must compete in more high pressure 3/5 matches. (if I could do it again, I would move an earlier 2016 competition to the summer of 2017).</li> <li>Ensure established culture and traditions continue.</li> <li>Take advantage of all funding opportunities: Women in Coaching, Aboriginal Coaching, procure private</li> </ol>			

# Indoor Male - Canada Games 2017

## Final Placing:

9<sup>th</sup> place. Finished with a 3 and 5 overall record. Defeating Yukon, NWT and PEI. Losses to AB, NB, MB, ON, NS.

# **Overall Evaluation:**

While the placement was not satisfactory, and we had higher expectations, we are pleased with the program that was delivered. We were competitive in all of our matches and played at a high level that was expected for the Canada Games. We also delivered on our promise to the athletes to get them exposure and increase their chances of playing at the post secondary level. We succeeded in that fact with 7 athletes either playing or having signed to play post secondary. 2 in the AUS, 1 in RSEQ, 3 in the OUA and 1 in the ACAC. Our athletes also had a positive experience that has allowed them to maintain a strong bond and enjoyed the entire atmosphere the Canada Games had to offer. Allowing athletes the opportunity to develop and progress to the next level of play combined with enjoying the experience have allowed us to view the process as a success despite the result.

# Future Considerations:

- 1) We need to find a way to involve our "home" coaches earlier so they can allow our athletes to grow within the structure of their team and ours concurrently. Distance and time make opportunities to develop much tougher if not able to work towards growth while in their home gyms.
- 2) Our athletes need to follow the model of practice more and play less. That needs to be combined with our athletes playing in higher end competitions. IE: We need to send our CG pool athletes to Canada Cup at age 16 and again at age 17 (as underagers in 18U event). This needs to be combined with the implementation of an intra-provincial elite (non school based) club league and competing at VC nationals each year.
- 3) Eliminating regional biases amongst the athletes needs to happen early in the process. To commit to CG systems the athletes need to be able to trust the guys playing with them, and reliance on familiarity hinders growth.
- 4) Our 3 year plan was a good fit. However, I would train once every 2 months for first 2 seasons, and once every month in the CG year.

Brian Bennett – Head Coach

#### Canada Games 2017 Beach Volleyball Male

The beach volleyball team from NL at the Canada Games in Winnipeg got people in this province talking about and watching a sport that wasn't used to much publicity. Noise was created by the success of this team, consisting of Marcus Baker, Brent Wareham, leading up to and including the Canada Games, along with a game being showcased on national TV. While training was on going all year, lead by head coach Josh Blackwood, competition ramped up in the end of June when the team travelled to Winnipeg for the Canada Games test event. There, national team head coach, Steve Anderson conducted training sessions with the athletes and coaches. After the training days, the team competed in a warmup tournament where they were quarterfinalists, coming up against Canada Games alumni and past national team players. Great learning experience by all.

After Winnipeg, they travelled to Halifax for an Atlantic Beach Tour event, just finishing on the short end in the quarterfinals versus the Nova Scotia Canada Games team. The next week the Atlantic Beach Tour stopped in Corner Brook. After some great and entertaining competition, the boys ended up on top, defeating some Canada Games alumni for the gold medals. Finally, the wait was over and it was time for the Games in Winnipeg. After a couple scorching training days, the opening match was against the home province and was featured on national TV via TSN. The team finished the round robin with a record of 3-2, with victories over New Brunswick, Yukon and Saskatchewan. This set up a tough quarterfinal match against Nova Scotia, where they fought hard, and ended just short to the eventual silver medalists. The placing match was a remake of the opening round robin game against the home team of Manitoba. With nothing to loose, the boys did their province proud, but the home team advantage proved too much, giving them Team NL a 6<sup>th</sup> place finish.

6<sup>th</sup> place, proved to be a record finish for a male beach volleyball team from NL ever at a Canada Games and 3<sup>rd</sup> best performance of any Team NL sport at the 2017 games. The team goal from the start of the program was to better the past highest finish of 7<sup>th</sup> at the 2013 games. This was always in the minds of the teammates, but they never let that distract them from playing to their potential. A 6<sup>th</sup> place finish was as good as gold for the two phenomenal athletes that represented the NLVA and the entire province with dignity and determination.

Josh Blackwood – Head Coach

## Tournament Bidding 2018-2019

- All Hosts are responsible for the following:
  - o Gym Fees/ Clean Up Fees/ Scorekeepers/ Convening fees
  - o Booking Venues & Number of venues needed
  - $\circ$   $\;$  Hotel Rooms Availability for size of Tournament  $\;$
  - $\circ$   $\,$  Correspondence with City or Town with regards to numbers, etc.
- All Hosts may charge an admission fee and set up canteens to offset any cost associated with hosting.

Championship Bid	Tournament	Male	Female	Tournament Date	Age Group	Location/Grid
NLVA	VolleyWest 2018	Х	Х	Oct 12-13, 2018	JH - HS	Western
NLVA	Volley Central 2018	X	Х	Nov 2-3, 2018	JH-SH	Central
NLVA	VolleyFest 2018	X	X	Oct 26-27, 2018	JH - HS	Avalon
Kelly Taylor Hulan Corner Brook George Dolomount Corner Brook	15 & Under Regional West		X	Nov 16-17, 2018	Grade 9 & Under	Western
Glen Moulton Clarenville Brian Laing	15 & Under Regional East		X	Nov 16-17, 2018	Grade 9 & Under	Eastern/Avalon
St. John's Lisa Keeping St. Anthony	15 & Under Regional West	X		Nov 16-17, 2018	Grade 9 & Under	Western
Richard Christopher Mount Pearl Glen Moulton	15 & Under Regional East	X		Nov 16-17, 2018	Grade 9 & Under	Eastern/Avalon
Clarenville George Dolomount	14 & Under Regional West		X	Nov 23-24, 2018	Grade 8 & Under	Western
Corner Brook	-			-		
Glen Moulton Clarenville	14 & Under Regional East		Х	Nov 23-24, 2018	Grade 8 & Under	Eastern/Avalon
	14 & Under Reg Central		Х	Nov 23-24, 2018	Grade 8 & Under	Central
	14 & Under Regional West	Х		Nov 23-24, 2018	Grade 8 & Under	Western
	14 & Under Regional East	X		Nov 23-24, 2018	Grade 8 & Under	Eastern/Avalon
	Triple Ball East (M/F)	X	X	Nov 30-Dec 1, 2018	Grade 5-6-7	Eastern/Avalon
	Triple Ball Central (M/F)	X	Х	Nov 30-Dec 1, 2018	Grade 5-6-7	Central
	Triple Ball West (M/F)	Х	Х	Nov 30-Dec 1, 2018	Grade 5-6-7	Western
George Dolomount Corner Brook	15 & Under	X		Feb 1-2, 2019	Born in 2004 or later	Western
Lisa Keeping St. Anthony						
NLVA	15 & Under		Х	Feb 1-2, 2019	Born in 2004 or later	Avalon
Brian Laing				10012,2017		

Championship Bid	Tournament	Male	Female	Tournament Date	Age Group	Location/Grid
St. John's						
Glen Moulton Clarenville						
	16 & under (Tiered)	X		Feb 8-9, 2019	Born in 2003 or later	Central
	17 & Under		X	Feb 8-9, 2019	Born in 2002 or later	Central
	17 & Under	X		Feb 15-16, 2019	Born in 2002 or later	Eastern
Glen Moulton Clarenville	16 & Under (Tiered)		X	Feb 15-16, 2019	Born in 2003 or later	Eastern
Glen Moulton Clarenville	18 & Under A	X		March 1-2, 2019	Born in 2001 or later	Open
Lisa Keeping St. Anthony	18 & Under B	X		March 1-2, 2019	Born in 2001 or later	Open
Jason Lane Clarenville	18 & Under A		Х	Feb 22-23, 2019	Born in 2001 or later	Open
Jason Lane Clarenville	18 & Under B		X	Feb 22-23, 2019	Born in 2001 or later	Open
Jason Lane Clarenville	18 & Under C		X	Feb 22-23, 2019	Born in 2001 or later	Open
Lisa Keeping St. Anthony						
NLVA	19 & Over Molson Senior Championships	Х	X	March 15-16, 2019	Senior	Open
Glen Moulton Clarenville	13 & Under East		X	March 22-23, 2019	Born in 2006 or later	Eastern/Avalon
	13 & Under Provincials	X		March 22-23, 2019	Born in 2006 or later	Open
	13 & Under Central		Х	March 22-23, 2019	Born in 2006 or later	Central
	13 & Under West		Х	March 22-23, 2019	Born in 2006 or later	Western
Glen Moulton Clarenville	14 & Under		Х	April 12-13, 2019	Born in 2005 or later	East
	14 & Under	X		April 12-13, 2019	Born in 2005 or later	Central

Resolution No.

NLVA Resolution Form 2018

WHEREAS\_

(To be completed if the proposer and the seconder desire to bring a rationale to the attention of the members at the Annual General Meeting)

#### NEWFOUNDLAND AND LABRADOR VOLLEYBALL ASSOCIATION

**Financial Statements** 

Year Ended March 31, 2018

#### NEWFOUNDLAND AND LABRADOR VOLLEYBALL ASSOCIATION

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Year Ended March 31, 2018

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Balance Sheet Year Ending March 31, 2018	2018 \$	2017 \$
ASSETS		
CURRENT OPERATING FUND		
Cash	98,217	72,032
Term deposits	12,390	12,254
Accounts receivable	1,650	27,020
Inventory	7,926	7,927
Prepaid expenses	104,092	61,084
	224,275	180,317
CURRENT SCHOLARSHIP FUND		
Due from Operating Fund	5,854	5,854
	5,854	5,854
	230,129	186,171
LIABILITIES AND MEMBERS' EQUITY OPERATING FUND		
CURRENT		
Accounts payable	21,852	21,519
Due to Scholarship Fund	5,854	5,854
	27,706	27,373
Members' Equity		
Surplus - Scholarship Fund	22,632	23,632
Surplus - Operating Fund	179,792	135,166
	202,423	158,798
	230,129	186,171

## NEWFOUNDLAND AND LABRADOR VOLLEYBALL ASSOCIATION Balance Sheet Year Ending March 31, 2018

# NEWFOUNDLAND AND LABRADOR VOLLEYBALL ASSOCIATION Year Ended March 31, 2018 Statement of Income and Retained Earnings

	2018 \$	2017 \$
REVENUE		
Provincial teams	411,930	258,478
Canada games	6,000	85,066
Registration	405,666	448,261
Grants (Note 3)	105,143	103,378
Merchandise sales	4,486	1,672
Sponsors donations	15,519	10,705
Fundraising	20,835	-
Canada games (Note 4)	32,750	31,850
Interest earned on term deposits	136	109
Coaching and officials	2,747	3,394
	1,005,212	942,913
EXPENSES		
EXPENSES (Schedule 2)	960,586	947,479
NET INCOME	44,626	(4,566)
SURPLUS (OPERATING FUND) - BEGINNING OF YEAR	135,166	139,732
SURPLUS (OPERATING FUND) - END OF YEAR	179,792	135,166

# NEWFOUNDLAND AND LABRADOR VOLLEYBALL ASSOCIATION SCHOLARSHIP FUND Statement of Revenue, Expenses and Surplus Year Ended March 31, 2018

2018 \$	2017 \$
23 632	24,632
23,032	24,032
-	-
22 622	24,632
23,032	24,032
1,000	1,000
22 632	23,632
	\$ 23,632 _ 23,632

## NEWFOUNDLAND AND LABRADOR VOLLEYBALL ASSOCIATION Notes to Financial Statements Year Ended March 31, 2018

#### 1. DESCRIPTION OF BUSINESS

The association is incorporated under the laws of Newfoundland and Labrador. The association is located in St. John's, Newfoundland and Labrador, it was established to assist in the development of volleyball across

the province.

#### 2. SUMMARY OF SIGNIFICANT ACCOUNTING POLICIES Equipment

The Association follows the practice of charging purchases of equipment directly to operations in the year of acquisition.

#### Revenue recognition

Revenue from Government grants and the sale of goods are recorded on the accrual basis. However, all other revenue, such as donations and membership fees, are recorded when received.

#### 3. GRANTS

Please note that LTAD stands for Long-Term Athlete Development.

	2018 \$	2017 \$
Government of Newfoundland and Labrador	•	*
Professional assistance - salary subsidy	-	25,000
Operating Grant	45,520	20,520
	45,520	45,52
Government of Canada		
Canada Summer Jobs	55,671	54,152
Total Grants	101,191	99,672

## 4. CANADA GAMES

Included in the Canada Games revenue are the following grants:

	2018 \$	2017 \$
Government of Newfoundland and Labrador		
Canada Games - Male	14,750	10,750
Canada Games - Female	14,750	10,750
Canada Games - Beach	3,250	3,550
	32,750	25,050

# NEWFOUNDLAND AND LABRADOR VOLLEYBALL ASSOCIATION Schedule 2 - Expenses Year Ended March 31, 2018

	2018 \$	2017 \$
EXPENSES		
Provincial teams	317,836	293,579
Salaries and wages	227,385	184,859
Championships	282,170	319,352
Canada Games	83,003	130,422
Merchandise purchases	1	(22)
Administration	7,481	5,433
Insurance	6,857	6,859
Coaching	12,528	3,726
Meetings and conventions	22,363	2,797
Miscellaneous	963	474
TOTAL EXPENSES	960,586	947,479